

EARLIEST SIGNS OF COMMON CANCERS BY BODY SITE

Bladder –

Blood in urine, may appear orange, pink or rarely, dark red

Change in bladder habits such as increased frequency or urgency of urination

Pain or burning sensation during urination

Feeling that you have to go right away when your bladder is not full

Having trouble urinating or having weak urine stream

Having to go frequently during the night

Breast -

New lump in the breast or underarm (armpit).

Thickening or swelling of part of the breast.

Irritation or dimpling of breast skin.

Redness or flaky skin in the nipple area or the breast.

Pulling in of the nipple or pain in the nipple area.

Nipple discharge other than breast milk, including blood.

Any change in the size or the shape of the breast.

Pain in any area of the breast.

Colon/rectum –

Change in bowel habits: Diarrhea, constipation, narrow stools

Rectal bleeding or blood in stool

Abdominal pain, cramps, gas, or bloating

Anemia

Lump in abdomen

Weight loss

Fatigue, weakness

Kidney –

Blood in the urine, which may appear pink, red, or cola colored

Pain in back or side (flank) that does not go away

Lump or mass on side of abdomen or lower back

Loss of appetite

Unexplained weight loss

Fatigue

Unexplained fever for a few weeks

Night sweats

Leg or ankle swelling

High blood pressure

Anemia

Enlarged veins in scrotum, especially on left

Decreased kidney function

Leukemia –

Fever, chill, night sweats

Persistent fatigue, weakness

Frequent or severe infections

Weight loss

Swollen lymph nodes – arm pits, neck, or groin

Enlarged liver or spleen

Easy bruising or bleeding

Recurrent nosebleeds

Tiny red spots under skin

Bone pain or tenderness

Shortness of breath

Anemia

Headaches

Liver –

Jaundice, skin and whites of eyes turn yellow

Darker urine and paler stools

Abdominal pain, swelling, discomfort, or distention

Feeling full after eating small amounts

Weight loss

Loss of appetite

Nausea

Vomiting

Fever

Itching

Fatigue

Weakness

Lump in right side of abdomen

Enlarged veins on abdomen

Abnormal bruising or bleeding

Lung –

Coughing, can be chronic, dry, or with phlegm or blood

Chest/rib pain, dull or sharp, often worse with deep breathing, coughing or laughing

Shortness of breath

Wheezing

Hoarseness

Frequent respiratory infections

Chest pressure

Weight loss, loss of appetite

Fatigue

Melanoma –

Any change in size shape, color, or elevation of a spot or mole on your skin

Any new symptom in a spot or mole on your skin, such as bleeding, itching, crusting, pain, or appearance of lump or bump

Redness or a new swelling beyond the border of mole

Myeloma –

Bone pain – back, ribs, hips, or other areas

Fatigue

Frequent infections

Anemia

Weight loss

Kidney problems

Hypercalcemia – High calcium in blood leading to thirst, frequent urination, and confusion

Numbness or tingling in extremities

Easy bruising or bleeding

Constipation

Loss of appetite

Mental fog or confusion

Non-Hodgkin Lymphoma –

Swollen lymph nodes, painless swelling in the neck, armpits, groin,

Upper chest, or abdomen

Abdominal pain, swelling, feeling of fullness, bloating, or loss of appetite

Red, flat, itchy patches on skin, may appear lighter/darker than surrounding skin

Weight loss

Fever, chills

Night sweats

Chest pain, pressure

Coughing

Shortness of Breath

Fatigue

Easy bruising, bleeding

Severe or frequent infections

Oral Cavity and Pharynx –

Sores of lip or mouth that don't heal, or persistent sore throat

Patches, white or red on the gums, tongue, tonsil, or lining of mouth

Lump or thickening in the lips, mouth, cheek, neck or back of throat

Pain in the mouth, jaw or throat that won't go away, or ear pain

Difficulty chewing, swallowing, or speaking, or difficulty moving jaw or tongue

Swelling, unusual bleeding, or numbness in your tongue, mouth, or jaw

Loosening of teeth or pain around teeth

Voice changes

Dentures that start to fit poorly

Weight loss

Pancreas –

Pain in stomach or back area that may come and go, often worse at night, lying down, or when leaning forward

Yellowing skin and whites of eyes, darker urine, paler stools

Itchy skin

Unexplained weight loss or loss of appetite

Fatty stools, diarrhea, constipation, gas pains, bloating, or belching

Nausea, vomiting

Fatigue

High temperature

Feeling hot or shivery

Prostate –

Blood in the urine

Difficulty urinating

Frequent urination

Painful or burning urination

Difficulty holding back urine

Weak urination stream

Blood in semen

Erectile dysfunction

Pelvic pain

Stomach –

Trouble swallowing

Abdominal pain

Feeling bloated after eating
Feeling full after eating small amounts of food
Not feeling hungry when you would expect to be hungry
Heartburn
Indigestion
Nausea
Vomiting
Losing weight without trying
Feeling very tired
Stools that look black

Thyroid –

Lump in the neck
Hoarseness or changes in voice
Difficulty swallowing or breathing
Persistent cough
Neck pain or tenderness
Rapid weight loss or gain
Swollen lymph nodes in the neck
Changes in skin or hair – dryness, thinning, or increased hair growth
Irregular menstrual periods

Uterus -

Lower abdominal pain or cramping in the pelvis

Abnormal vaginal discharge

Abnormal uterine bleeding

Intermenstrual bleeding

Pain during intercourse

Vaginal bleeding or spotting after menopause

Thin white or clear vaginal discharge after menopause

Extremely prolonged, heavy or frequent vaginal bleeding, if over 40 years old